



Please join me for a

## "Healthy Lifestyle Party"

Saturday, February 2<sup>nd</sup> from 2-4 PM

At the home of Amy Goetz  
1234 street  
City, Fl

Direction to house:

Sponsored by **Juice Plus+**  
Nutrition in the 21<sup>st</sup> Century

- Getting your kids to eat right
- Building you immune system
- Reducing your risk of cancer and heart disease
- Reducing your risk of diabetes and arthritis
- Attaining your ideal weight

Please RSVP to Brenda at (123) 439-1234  
By January 30th

You are welcome to bring a friend!